



The Borrowing Kitchen: Enhancing Food Pantry Nutrition

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Outline

Background of the project

Steps of development

Overall structure

Challenges

Discussion



Background

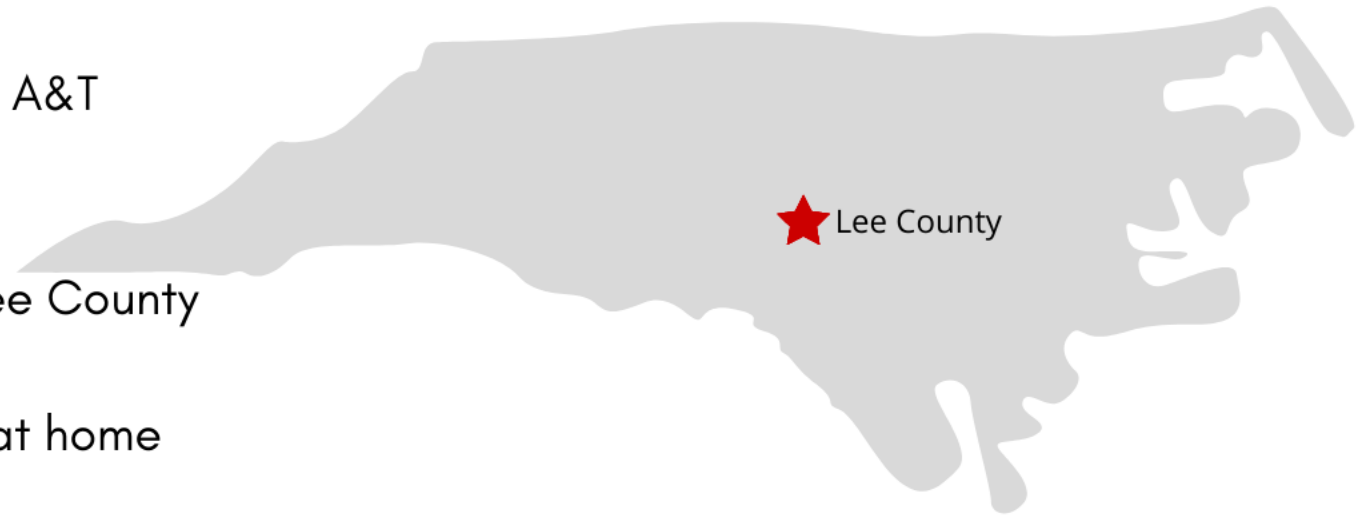
Voices into Action: 2014 Lee County Community Food Assessment

Funded through the USDA

Partnership between N.C. State University, N.C. A&T University, and N.C. Cooperative Extension

Interviewed 40 mothers and grandmothers in Lee County

Findings: Need for equipment to prepare food at home



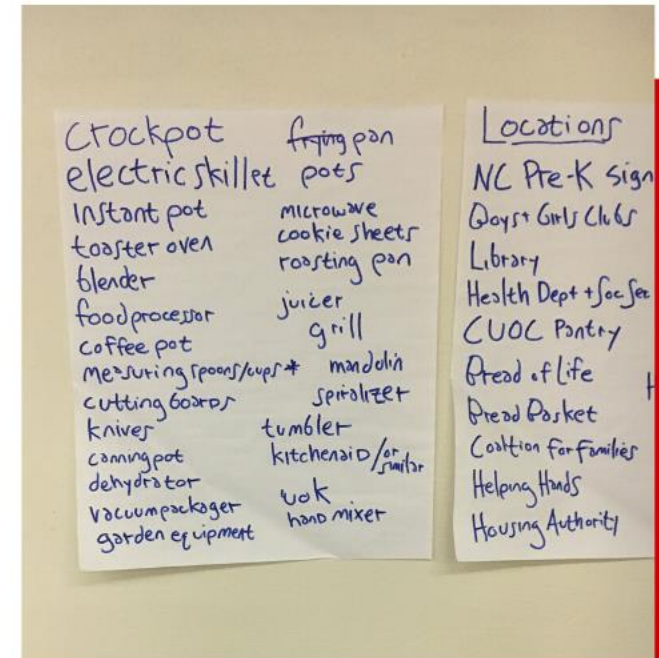
Background

Health Matters Project:
2016-2018

Funded through the CDC

Partnership between N.C. State University, N.C. Cooperative Extension, and the community

Purpose: To decrease obesity in areas of the state with the highest rates



ADAPTING THE MODEL TO FIT A RURAL COMMUNITY

Five dot surveys related to kitchen equipment

Six focus groups around program interest and logistics

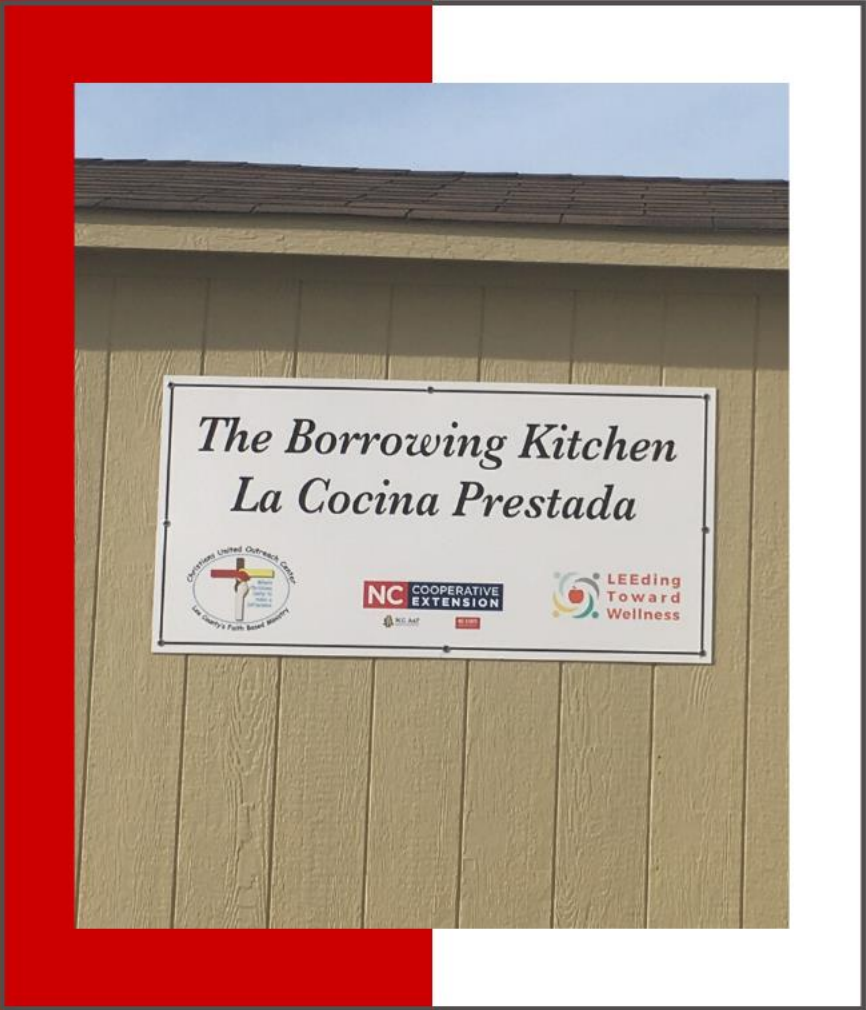
Strong partnerships and support

- LEEding Toward Wellness
- N.C. State University's Food Bank and Food Pantry Work Group



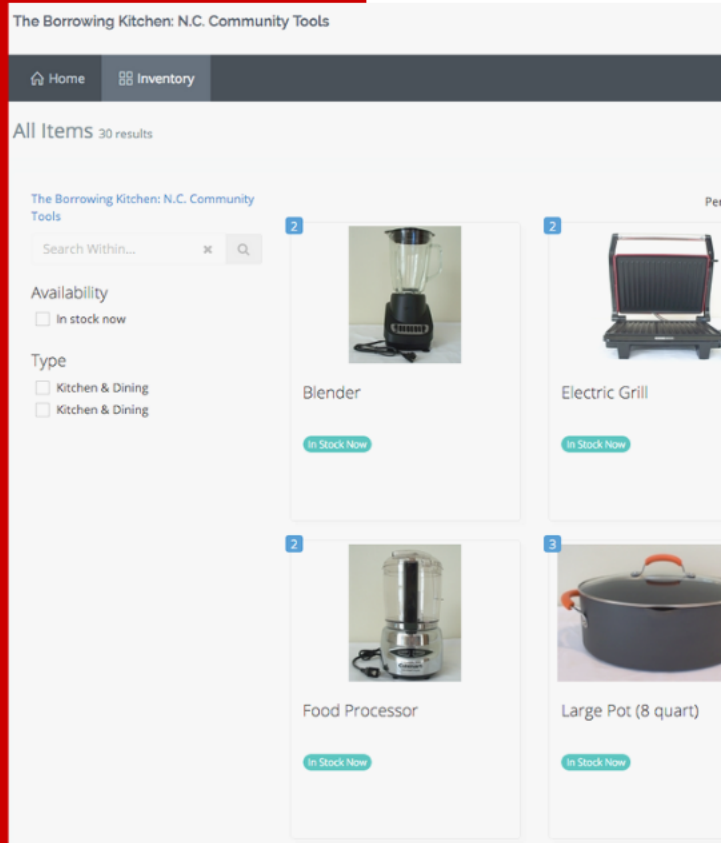
LEEding Toward Wellness





Common Themes

Choosing a name



Common Themes

Check-in and check-out process



Common Themes

Equipment

DEVELOPING A COMPREHENSIVE PROGRAM

Marketing: Food Pantry
Taste Tests

Education: SNAP-Ed and
EFNEP

Support: The Borrowing
Kitchen



Current Challenges



Irregular Class Schedules



Reach



Communication





Discussion

Thank you!

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