

# Early Childhood Learning Collaborative: Workgroup Opportunities

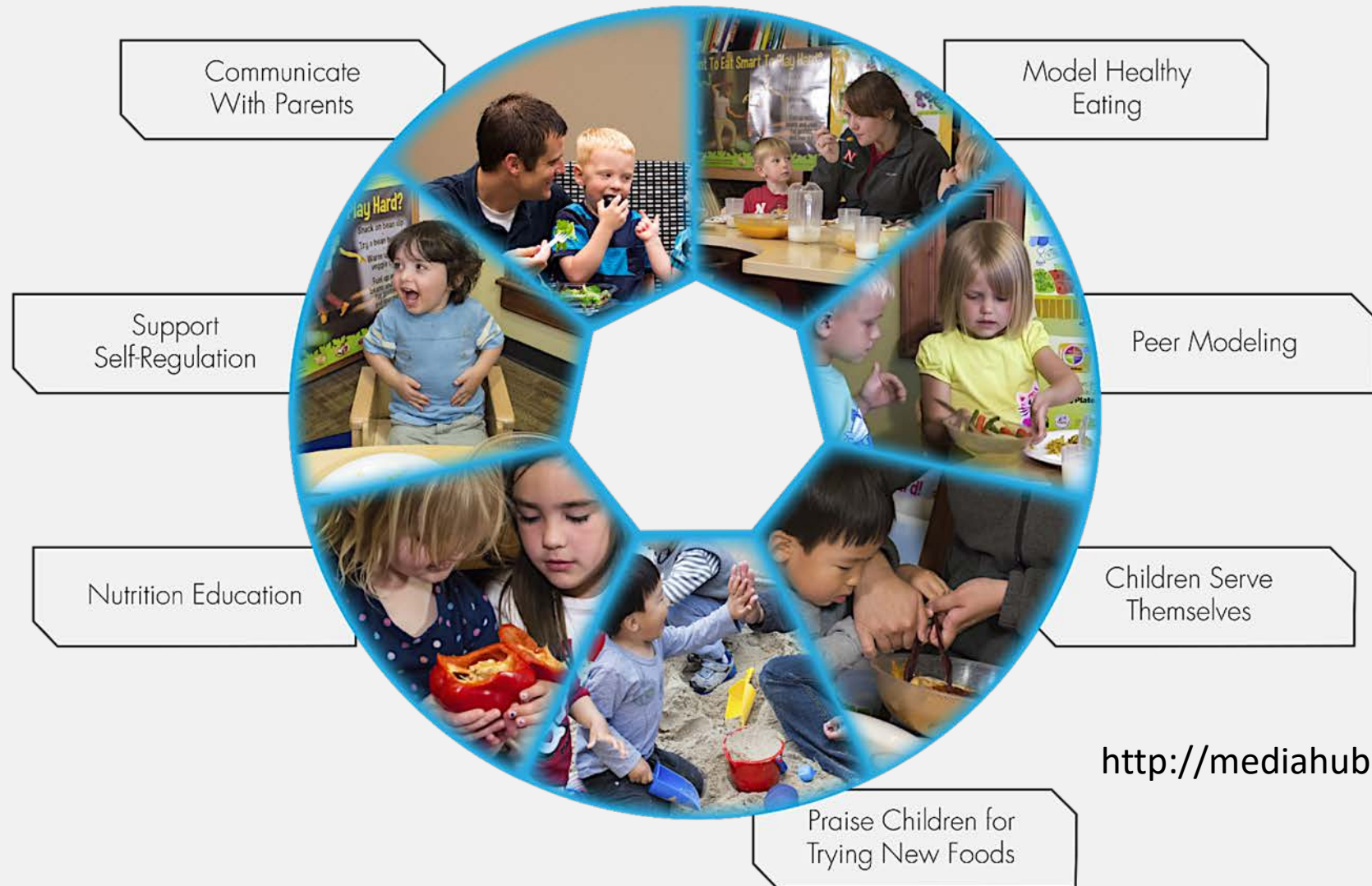


Natasha Frost and Dipti Dev

# Early Childhood Learning Collaborative Goals

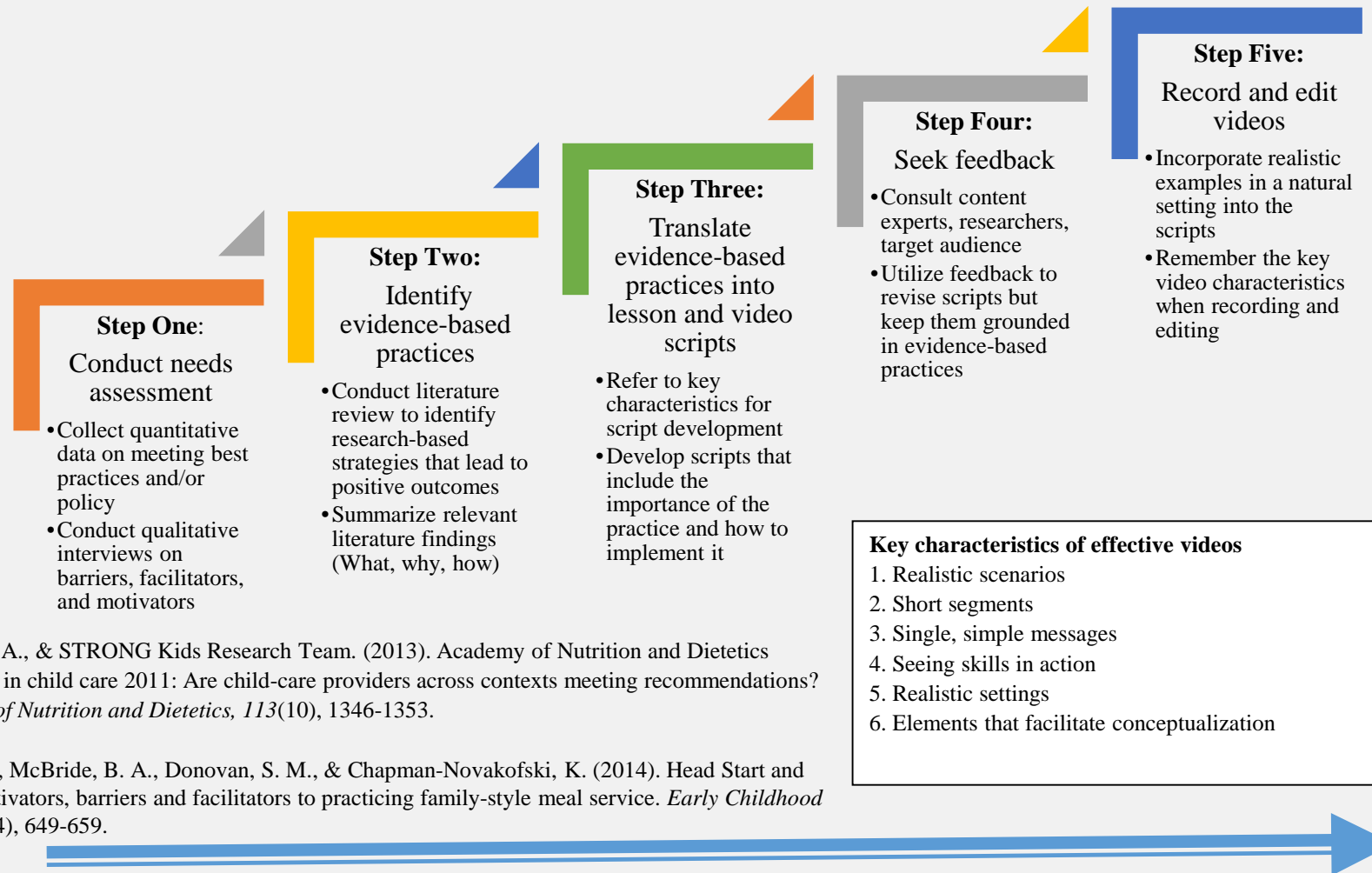
- 1. Establish a research base to support changes to EC policies, environments, and practices in early childhood education, home, community, and clinical settings.
- 2. Build a vibrant, multidisciplinary network and support ongoing professional development within the EC community.
- 3. Maintain a Nationwide Learning Collaborative.

# EAT (Ecological Approach to) Family Style dining: Responsive feeding in Childcare



<http://mediahub.unl.edu/media/4203>

# EAT Family Style: Program Development Process



Dev, D. A., McBride, B. A., & STRONG Kids Research Team. (2013). Academy of Nutrition and Dietetics benchmarks for nutrition in child care 2011: Are child-care providers across contexts meeting recommendations? *Journal of the Academy of Nutrition and Dietetics*, 113(10), 1346-1353.

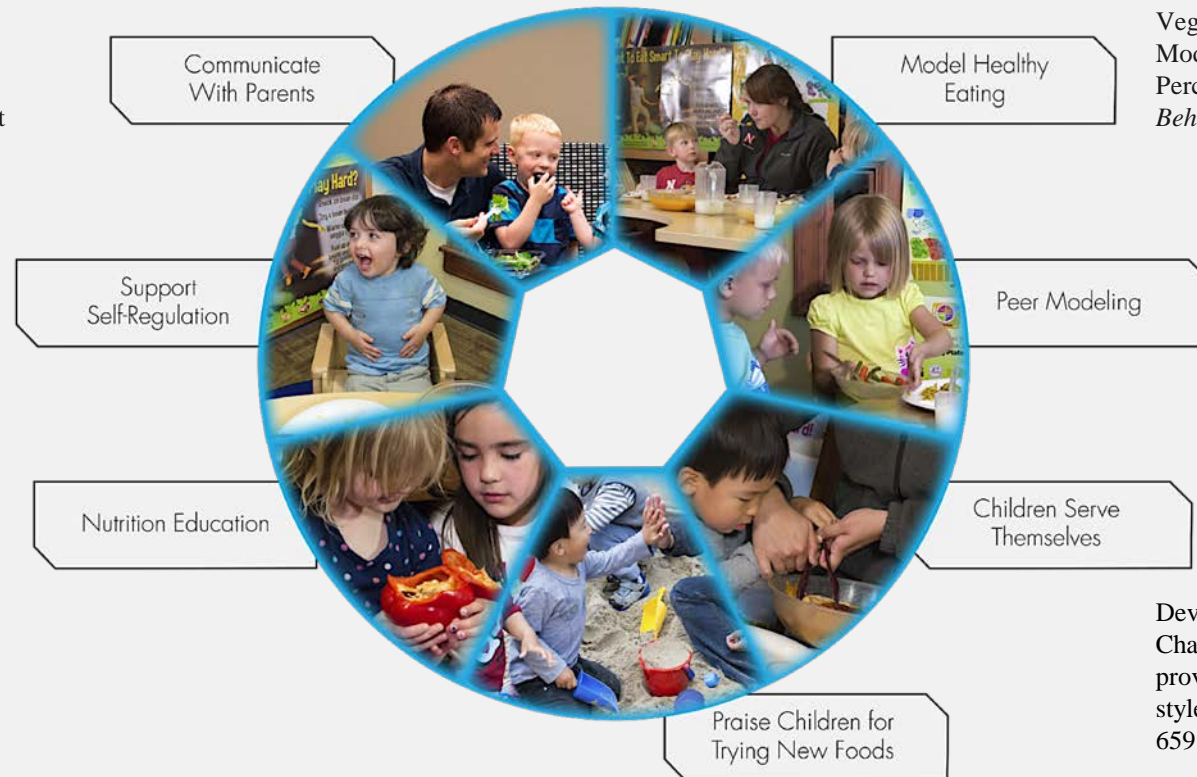
Dev, D. A., Speirs, K. E., McBride, B. A., Donovan, S. M., & Chapman-Novakofski, K. (2014). Head Start and child care providers' motivators, barriers and facilitators to practicing family-style meal service. *Early Childhood Research Quarterly*, 29(4), 649-659.

# EAT (Ecological Approach to) Family Style dining: Responsive feeding in Childcare

Dev, D. A., Byrd-Williams, C., Ramsay, S., McBride, B., Srivastava, D., Murriel, A., ... & Adachi-Mejia, A. M. (2017). Engaging Parents to Promote Children's Nutrition and Health: Providers' Barriers and Strategies in Head Start and Child Care Centers. *American Journal of Health Promotion*, 31(2), 153-162.

Dev, D. A., Speirs, K. E., Williams, N. A., Ramsay, S., McBride, B. A., & Hatton-Bowers, H. (2017). Providers perspectives on self-regulation impact their use of responsive feeding practices in Child care. *Appetite*.

Dev, D. A., McBride, B. A., Speirs, K. E., Blich, K. A., & Williams, N. A. (2016). "Great job cleaning your plate today!" Determinants of child-care providers' use of controlling feeding practices: An exploratory examination. *Journal of the Academy of Nutrition and Dietetics*, 116(11), 1803-1809.



Dev, D., Kok, C. M., & McBride, B. (2015). "Eat your Veggies, the Kids are Watching and will Mimic You!" Role Modeling Healthy Eating in Childcare: Provider Perceptions. *Journal of Nutrition Education and Behavior*, 47(4), S89.

Dev, D. A., Speirs, K. E., McBride, B. A., Donovan, S. M., & Chapman-Novakofski, K. (2014). Head Start and child care providers' motivators, barriers and facilitators to practicing family-style meal service. *Early Childhood Research Quarterly*, 29(4), 649-659.

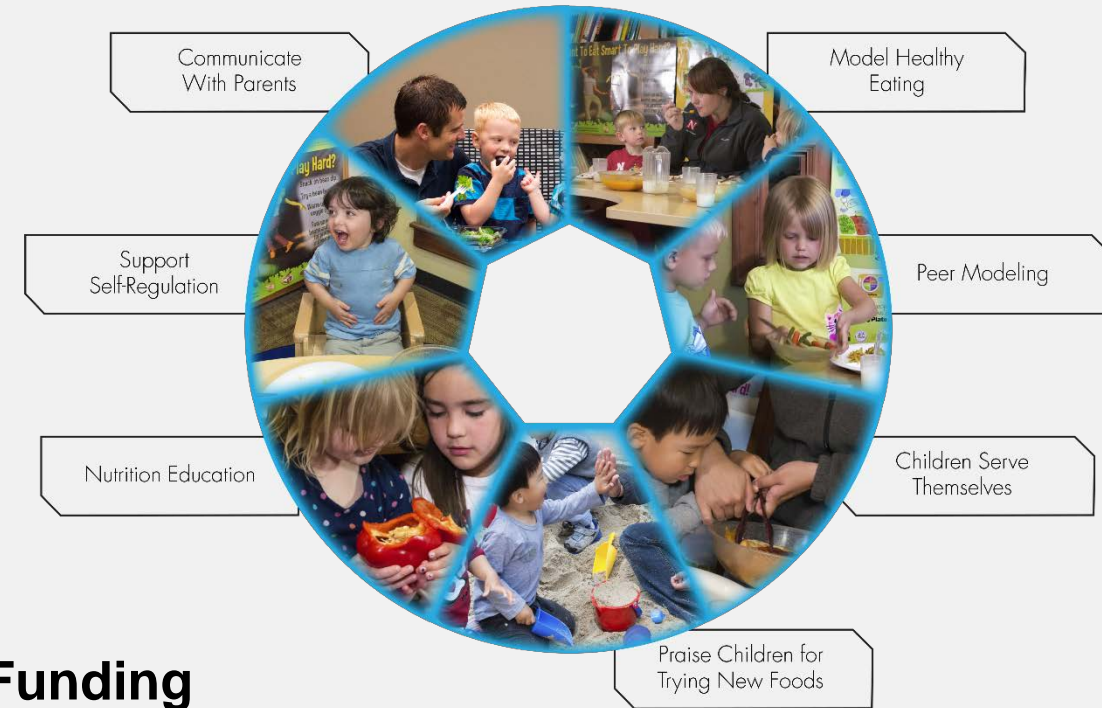
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# Barriers video

- “Family Style Meals: Tips for Dealing with Messes”  
<https://mediahub.unl.edu/media/5515>

# Research Questions

- What is the Impact of EAT family style dining on:
  - 1. Childcare providers' feeding attitudes and practices
  - 2. Children eating behaviors and dietary intake
- Short videos showing the recommended practices in natural childcare setting
  - Receive credits for training
  - Extension
  - Social media



## Funding

1. The Cornell Center for Behavioral Economics in Child Nutrition
2. NE Extension Innovation
3. Childcare and Youth Training and Technical Assistance (CYTTAP)
4. NE Department of Health and Human Services
5. USDA NIFA Hatch
6. USDA Team Nutrition

# Opportunities for Collaboration on EAT family style Project

- Provide feedback on parent engagement module of EAT-family style
  - What research are you working on or do you know of related to this topic?
  - Any platforms that are similar?
- Research questions for impact of EAT family style on parent engagement?
- Potential for publications and grants.



# Opportunities for Collaboration for Expanding the EAT Family Style Project

- What can we learn from each other regarding early childhood and childcare intervention related to specific contexts?
  - Family childcare home vs. childcare center
  - Urban vs. Rural
  - Food insecurity
  - Potential for translating research to practice paper related to specific childcare contexts
- What can we learn from each other on online learning interventions for early childhood and childcare?



Thank you for your time

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