



Friends of the Earth
Climate-Friendly Cuisine
For Healthy Kids and a Healthy Planet



NOPREN FSG Work Group Call

Chloe Waterman





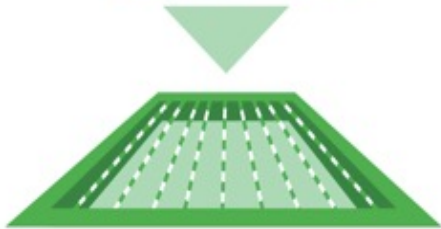
healthy & climate friendly
plant-forward
ideally organic
not wasted

FOOD SHIFTS MATTER

Over 2 years, Oakland Unified School District reshaped its menu with fewer animal foods and more protein-rich legumes and vegetables. This shift generated considerable **water** and **climate benefits**, and **cost savings**:



SAVED 42million
GALLONS OF
WATER



63
OLYMPIC SIZED
SWIMMING POOL



14% REDUCTION
IN THE
CARBON FOOTPRINT
OF ITS ENTIRE FOOD PURCHASES



15,000
TREES PLANTED



1.5million
FEWER MILES DRIVEN



87 SOLAR SYSTEMS INSTALLED
ON THE SCHOOL DISTRICTS' ROOFS



COST
SAVINGS

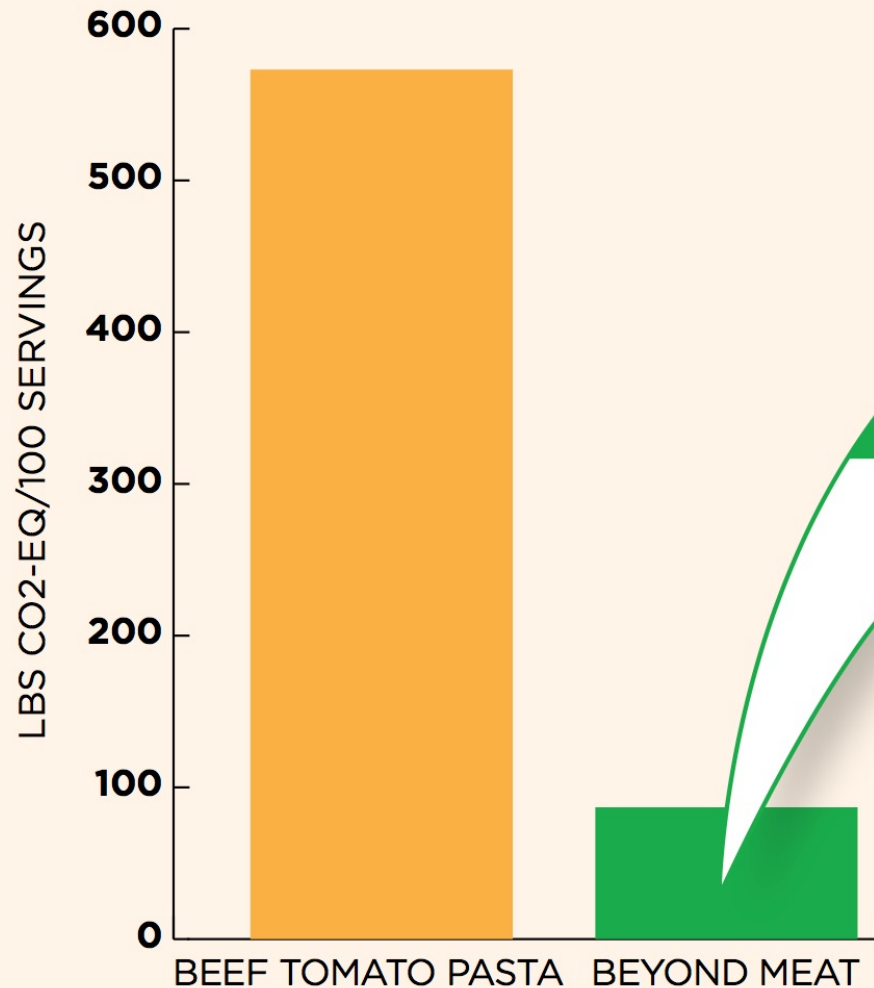


\$42,000



The Power of One Recipe Swap: Beyond Meat Tomato Pasta

Source: *EPA GHG Calculator*



In 2016, Lee County School District implemented a (meat-free) Lean and Green Friday and eight times per year started to serve a pasta with **BEYOND MEAT CRUMBLE TOMATO SAUCE** to replace a beef tomato pasta. Over two years this swap alone has reduced Lee County's footprint by **2.3 million pounds of CO2 emissions**.

equivalent to



2.6 million
miles driven

OR



burning
120,000 gallons
of gasoline

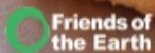
OR



planting 30,000
seedlings &
letting them grow
for 10 years

Thai Basil Lentil Burger

Made with red lentils from Kandarian Organic Farm
in Los Osos and buns from Edna's Bakery!



Lentil burgers are better for us and the planet!



Uses 60% less water

CO₂

16x Fewer Greenhouse
Gas Emissions

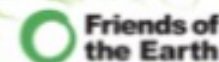


Healthier For Us

When compared to beef burgers



**Organic School Food:
A Roadmap for Success**





Home / News Releases / D.C. Becomes First in the Nation to Set GHG Reduction Target for Food Purchases

D.C. Becomes First in the Nation to Set GHG Reduction Target for Food Purchases

May 18, 2021

Advocacy groups applaud D.C. Council for passing the Green Food Purchasing Act to reduce emissions from the District's food purchasing by 25% by 2030

THANK YOU!



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Healthy Food in Health Care

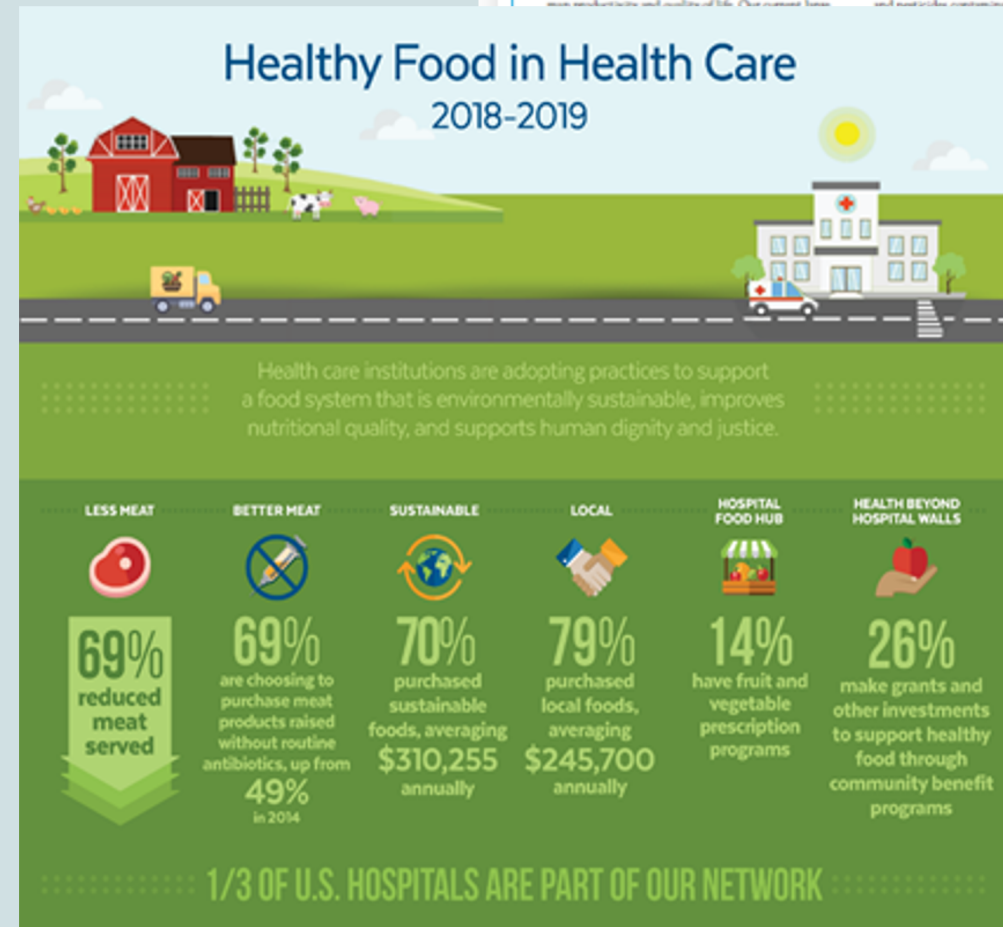
Amber Hansen, MS RD, Regional Program Manager
8/24/2021

Healthy Food in Health Care

Hospitals transforming food environments and systems for public and environmental health

www.healthyfoodinhealthcare.org

- Reduce animal protein
- Increase sustainable/regenerative
- Increase local/regional
- Increase opportunities for BIPOC producers
- Build community health, wealth, and resilience



Current Projects

- **Institutional Purchasing Pathways:** Creating a cohort of local food businesses in Portland, OR owned by people of color that are primed to sell to institutions
- **ProCureWorks NW:** Leveraging school and hospital purchasing power to create healthier food choices for the wellbeing of children, patients, staff, and families
- **Plant-Forward Future:** Increasing access to regionally produced plant proteins for health care; and supporting small and mid-sized producers, with an emphasis on producers of color, to scale up to meet the needs of institutions
- **Local Food Solutions:** a community-created and driven project with the aim of stocking locally, sustainably grown produce and healthy food products into four dollar stores in Albuquerque, NM to increase health and community wealth for its people