NOPREN FSG Work Group Call

Chloe Waterman
healthy & climate friendly
plant-forward
ideally organic
not wasted
FOOD SHIFTS MATTER

Over 2 years, Oakland Unified School District reshaped its menu with fewer animal foods and more protein-rich legumes and vegetables. This shift generated considerable water and climate benefits, and cost savings:

- **SAVED 42 million gallons of water**
- **14% reduction in the carbon footprint of its entire food purchases**
- **15,000 trees planted**
- **1.5 million fewer miles driven**
- **87 solar systems installed on the school districts' roofs**
- **Cost savings of $42,000**
The Power of One Recipe Swap: Beyond Meat Tomato Pasta

In 2016, Lee County School District implemented a (meat-free) Lean and Green Friday and eight times per year started to serve a pasta with BEYOND MEAT CRUMBLE TOMATO SAUCE to replace a beef tomato pasta. Over two years this swap alone has reduced Lee County’s footprint by **2.3 million pounds of CO2 emissions**.

Equivalent to:
- 2.6 million miles driven
- Burning 120,000 gallons of gasoline
- Planting 30,000 seedlings & letting them grow for 10 years

Source: EPA GHG Calculator
Thai Basil Lentil Burger
Made with red lentils from Kandarian Organic Farm in Los Osos and buns from Edna’s Bakery!

Lentil burgers are better for us and the planet!
- Uses 60% less water
- 16x fewer greenhouse gas emissions
- Healthier for us

Organic School Food: A Roadmap for Success
D.C. Becomes First in the Nation to Set GHG Reduction Target for Food Purchases

May 18, 2021

Advocacy groups applaud D.C. Council for passing the Green Food Purchasing Act to reduce emissions from the District’s food purchasing by 25% by 2030.
THANK YOU!
Healthy Food in Health Care

Amber Hansen, MS RD, Regional Program Manager
8/24/2021
Healthy Food in Health Care

Hospitals transforming food environments and systems for public and environmental health

www.healthyfoodinhealthcare.org

- Reduce animal protein
- Increase sustainable/regenerative
- Increase local/regional
- Increase opportunities for BIPOC producers
- Build community health, wealth, and resilience
Current Projects

- **Institutional Purchasing Pathways**: Creating a cohort of local food businesses in Portland, OR owned by people of color that are primed to sell to institutions.

- **ProCureWorks NW**: Leveraging school and hospital purchasing power to create healthier food choices for the wellbeing of children, patients, staff, and families.

- **Plant-Forward Future**: Increasing access to regionally produced plant proteins for health care; and supporting small and mid-sized producers, with an emphasis on producers of color, to scale up to meet the needs of institutions.

- **Local Food Solutions**: A community-created and driven project with the aim of stocking locally, sustainably grown produce and healthy food products into four dollar stores in Albuquerque, NM to increase health and community wealth for its people.