



# **HER NOPREN Summer Speaker Series for Students**

## **About the Summer Speaker Series for Students:**

The goal of the fifth annual Summer Speaker Series for Students is to explore various public health nutrition topics related to food and nutrition security, federal nutrition assistance programs, and nutrition equity through research, policy, and practice. Each week will feature presentations from speakers across different public health sectors on the fundamentals of the topic and give participants opportunities to network with experts in the field. Students of all levels are encouraged to attend.

This series is a collaborative effort of Healthy Eating Research, a national program of the Robert Wood Johnson Foundation, and the Centers for Disease Control and Prevention's (CDC) Nutrition and Obesity Policy Research and Evaluation Network (NOPREN). To learn more or watch recordings from past Summer Speaker Series visit: <a href="https://nopren.ucsf.edu/student-resources">https://nopren.ucsf.edu/student-resources</a>

#### Speaker Series

The series will consist of 5 webinar presentations spanning timely and fundamental topics from school meals, Food is Medicine, food service contracts, childhood food security and WIC, and collaborating across sectors. The presentations will be held on the following **Wednesdays from 4-5pm ET: June 12, June 26, July 10, July 24, and August 7, 2024**.

Click here to register: <a href="https://ucsf.zoom.us/meeting/register/tJloduCrqD8pHtUBrrYy8xBA9nldsAYesVsc">https://ucsf.zoom.us/meeting/register/tJloduCrqD8pHtUBrrYy8xBA9nldsAYesVsc</a>

### **Student Presentations**

At the end of the summer, students attending the speaker series will have the opportunity to present a project they worked on over the summer related to public health nutrition. Students may be selected to present their work during the final session of the speaker series or develop a poster that will be featured on the NOPREN website. The student presentations will be held on **Wednesday, August 14th from 4-5pm ET.** More detailed information regarding submission requirements and deadlines will be sent out in the future.

Series Schedule (all sessions will be held on Wednesdays from 4:00-5:00 pm ET)

Date	Title and Description
June 12	Food policies in schools- more than just lunch! Changes to the school meal nutrition standards over time and an overview of the current final rule.
June 26	Food is Medicine: What does it mean? Where are we going?  Overview of what Food is Medicine means in the clinical setting, current program models, and the state of the science demonstrating their impact.
July 10	Leveraging food service contracts at 4-year public universities to understand meal plan costs and affordability  How Freedom of Information Act (FOIA) was used to obtain university contracts with food service providers and how these contracts are being used to understand the financial incentives and costs of student meal plans.

# Healthy Eating Research



July 24	Policy Systems and Environmental Strategies to Support Young Children's Diet and Health  Overview of the potential policies, systems, and environments that support young children's nutrition and food security with a specific focus on WIC.
August 7	Collaborating Successfully across Sectors toward Nutrition Security Overview of the best practices for collaborating successfully toward nutrition security in rural regions and beyond.
August 14	Student Presentations

About HER: Healthy Eating Research (HER) is a national program of the Robert Wood Johnson Foundation (RWJF) committed to building a Culture of Health through identifying effective strategies to improve children's nutrition and prevent childhood obesity. HER's mission is to support and disseminate research on policy, systems, and environmental strategies that promote healthy eating among children and advance nutrition and health equity.

About NOPREN: The Nutrition and Obesity Policy Research and Evaluation Network is a thematic research network of the Prevention Research Centers Program. The CDC's Division of Nutrition, Physical Activity, and Obesity (DNPAO) created NOPREN to foster understanding of the effectiveness of policies to prevent childhood obesity through improved access to affordable, healthier foods and beverages in child care, schools, worksite, and other community settings.